

THE FASHION ISSUE  
www.refreshmag.co.uk £4.99

# refresh



# 10

OF THE  
BEST  
SHOPPING STREETS

# IT'S A SIN

HISTORY'S GAY  
SCANDALS

# TRÈS CHIC

FRANK STRACHAN, JAMIE FAME, KATERINA LEVINA, KENT DENIM,  
FIONGAL GREENLAW & OMAR KASHOURA

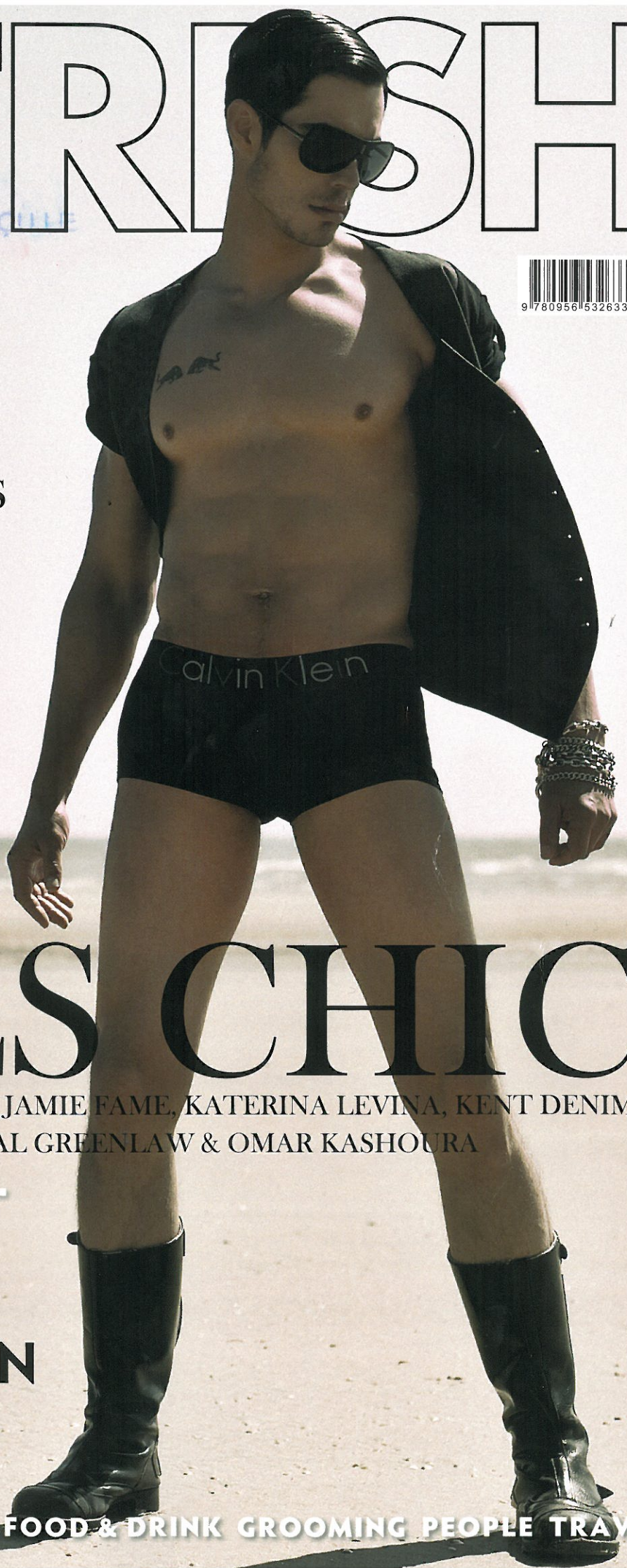
## JEREMY SCOTT

On menswear, Lagerfeld  
& style icons

## GLOBAL DESIGN

Be inspired by France,  
Denmark, Italy & Japan

+ CULTURE FASHION FOOD & DRINK GROOMING PEOPLE TRAVEL

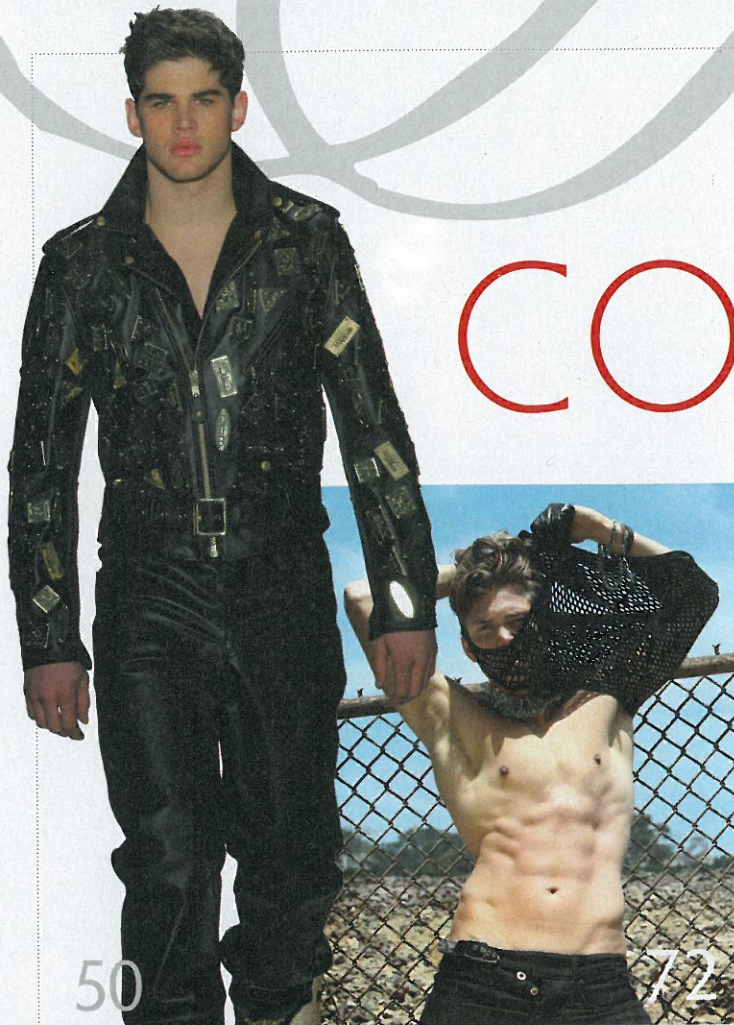




# contents

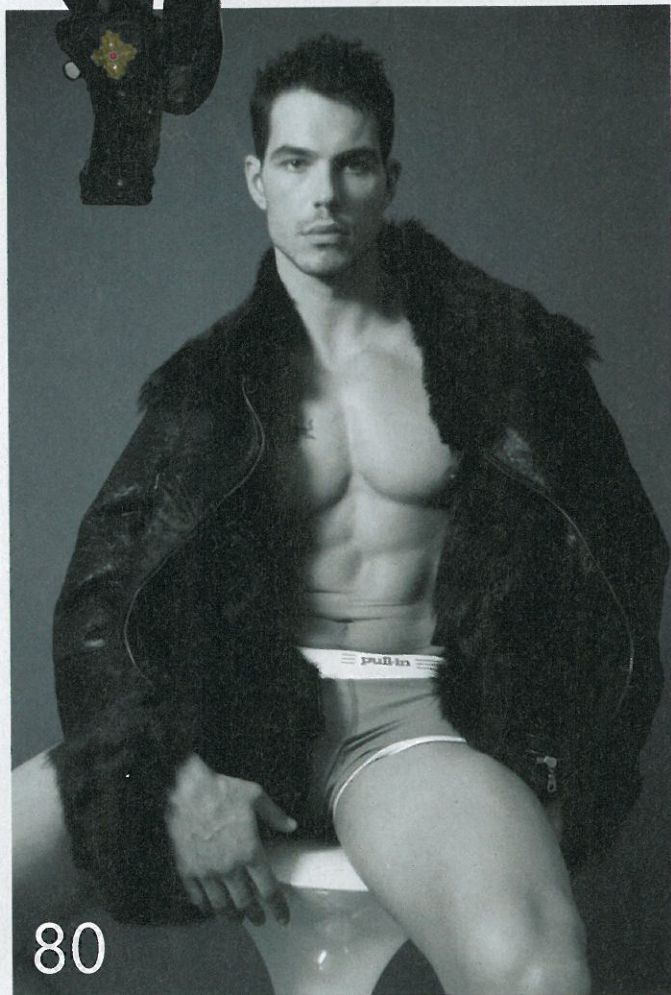
## { THE FASHION ISSUE }

# 61



50

72



80

### 5 EDITOR'S LETTER

What's David chatting about this issue?

### culture, arts & life

#### 10 THE DIARY

This issue we focus on arts and exhibitions taking place across the UK including Liverpool, Belfast, Bath and Manchester.

#### 20 PEOPLE

From business networkers to designers, we chat to ten extraordinary people about their likes, dislikes and plans for global domination!

#### 32 IT'S A SIN

A brand new serialisation that focuses on some of the greatest gay scandals in history, first up are the strange tales of Prince Phillip zu Eulenberg and Sir Hector Macdonald.

#### 130 PHOTO FINISH

Emerging photographer James Taylor shares images from his 'Secret Camera' series.

### it's fashion sweetie!

#### 41 THE NEXT GENERATION

Stephen Osborne looks at some of the emerging new faces within the fashion arena.

#### 46 ALL ABOUT FRANK

We chat to top stylist and attitude fashion editor Frank Strachan about styling Cheryl Cole, his views on fashion and how he got his first break.

#### 50 IN PRAISE OF JEREMY SCOTT

The designer from the future chats to Paul Mendez about menswear, Karl Lagerfeld, eighties pop and style icons.

#### 54 INSIDE TRACK

We are invited behind the scenes of luxury online retailer vente-privee.com's Paris headquarters.



## fashion & style

- 58 **IN VOGUE**  
Hot shots, hot models, fashion and style trends.
- 63 **GORGEOUS GROOMING**  
Shopping, looking good, fighting hair loss and being radiant are just some of the subjects covered by our grooming editor this issue.
- 65 **BEST MALE BRONZERS**  
Keep the colour and look fantastic with these products.
- 66 **FIGHTING HAIR LOSS**  
We chat to Dr Raghu Reddy, Hair Loss expert at The Private Clinic of Harley Street.
- 72 **MEET CHRISTIAN H!**  
Photography by Wander Aguiar
- 80 **VIVA LA NICO**  
Nico Didonna's designs photographed by Benjamin Glean
- 86 **FROCK AND ROCK**  
Christopher Uvenio fashion through the lens of Adam Kozik

## home & lifestyle

- 91 **INTERNATIONAL DESIGN**  
Johanna Thornton looks at the design styles of five very contrasting countries – France, Denmark, Italy, Japan and Indonesia.
- 104 **COLOUR-FULL FOOD**  
It's all about taste AND colour this issue with a whole range of recipes, food tips and cocktail advice.

## travel

- 114 **TALKING TRAVEL**  
We meet Tanya Rose, founder of luxury travel PR company Mason Rose to talk hotels, exotic holidays and where she'd recommend for your next excursion.
- 116 **BED/BARGAIN/BUY**  
Where to sleep, what to buy and what to look out for?
- 118 **UNDISCOVERED SHOPPING STREETS**  
Travel Editor James Litston explores some of Europe's lesser-known shopping streets.
- 122 **PROST AUS MUNICH!**  
James Litston finds beer, bratwurst and plenty of revelry at Munich's historic Oktoberfest.
- 126 **THE CHARMS OF THE CHARENTE**  
Johanna Thornton finds racing cars, food and drink more than enough to entertain her in Angouleme, Cognac and Sainte.









# the charms of the Charente

JOHANNA THORNTON FINDS PLENTY TO ENTERTAIN HERSELF IN THE HISTORIC TOWNS OF ANGOULÊME, COGNAC AND SAINTES

The picturesque Charente Valley is located in south-west France, where the River Charente flows between the city of Angoulême and the Atlantic Ocean. Here in the countryside you'll find low, rolling hills, perfect lines of luscious green vines and a hazy blue sky, while the city centres are steeped in history and the ancient art of cognac production. Angoulême is the home of the comic strip and many of its buildings' walls have been painted in intricate comic scenes – known as the painted trails. Angoulême also hosts the world's oldest car race – the Circuit des Remparts, which has been around since 1939. Cognac is another delight of the Charente Valley, where a visit to a cognac producer is a must. Then take a stroll along the streets of Saintes, one of France's ancient capitals. We've mapped out some things to do, places to visit, where to eat and rest your head.

## for a drink:

### La Cave

This wine bar sells all sorts of gems from the region, from Cognac to Pineau, all in a great setting. Huge wine barrels hold up a wooden bar that sits outside on a thin cobbled street. It's all very French. Purveyor Pascal Merle recommends an 18-year-old Pineau (pictured) as the perfect way to begin an evening. Inside La Cave you can buy rare and exclusive champagne from Alsace, Bordeaux and Bourgogne.

For information email [lacaveangoulême@orange.fr](mailto:lacaveangoulême@orange.fr), or call +33 (0) 6 0886 8393.

## places to visit:

### THE COMIC STRIP MUSEUM

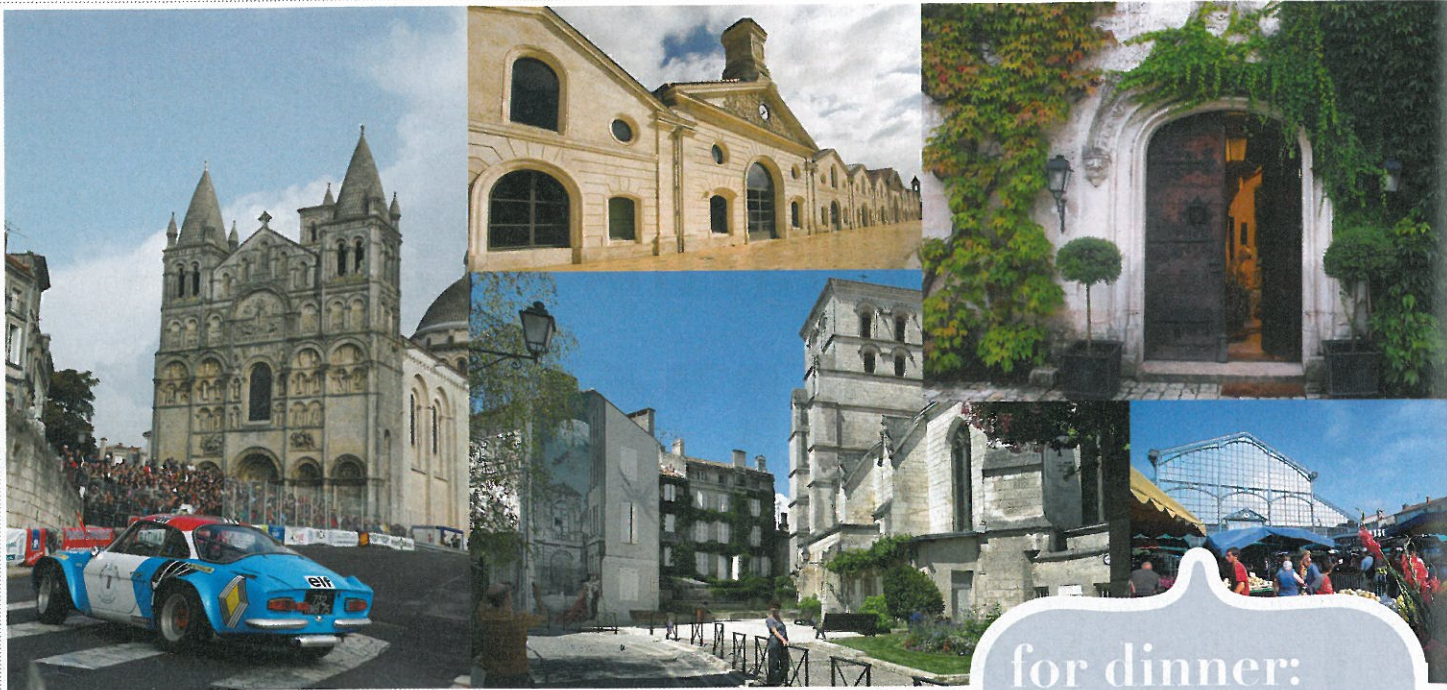
Angoulême's newly refurbished Comic Strip Museum opened in June. The stunning museum was designed by architect Jean-François Bodin to cover over 1300 square metres of space and celebrate the history of the cartoon from 1833 through to today. Marvel at French comics such as Topfer, Asterix and Tintin, and from America – Mutt & Jeff and Peanuts, as well as a vast range of Japanese titles. The museum also houses a design workshop showing the different techniques for cartoon production with master-classes from visiting cartoonists. There is also a regular series of quarterly exhibitions.

Musee de la Bande Dessinee, Quai de la Charente, 16,012 Angoulême Cedex, [www.citebd.org](http://www.citebd.org), or call +33 (0) 5 17 17 31 00

### THE PAINTED WALL TRAIL

Angoulême's comic strip roots stem from its time as a paper capital in the Middle Ages. Today Angoulême is still a centre of the paper-making and printing industry. The city centre is ideal for papermaking thanks to its uniform temperature and the volume of water year-round, partly due to the River Touvre, which joins the Charente River at Angoulême. Tours of the town include the 'murs peints', with guided walks of the various walls painted in street-art cartoon style, a feature of Angoulême and related to its association with the "bande dessinée", the comic strip. The city has 20 painted walls by French cartoonists Yslaire, Zep, Moebius and more.





## MARKETS

Worth a look are the attractive covered markets 'Les Halles', on the site of the old jail, which was restored and refurbished in 2004 and is a central part of city life in Angoulême.

## VISIT A COGNAC PRODUCER

Cognac is a place synonymous throughout the world with brandy. Made with grapes from its vineyards, then distilled and aged in cellars on the banks of the River Charente, this drink, called the Liquor of the Gods, has been produced in the area for more than 400 years. The familiar black on the exterior of houses in Cognac is a tell-tale sign that cognac is distilled within its walls. It owes its outstanding character to the warm, humid climate of the

Poitou-Charentes region and the particular soil in this area of western France. Cognac is produced by blending several wines, each with its own flavour and specific bouquet. The key is in the blending, perfected by master cellars who then leave it to age in oak casks. A selection of leading cognac producers in the area include Camus, Hennessy, Martell, Otard, Renault-Bisquit, Louis Royer, Rémy Martin and Courvoisier, who all undertake guided tours.

When visiting this picturesque area we recommend visiting a cognac producer. You can do this with a guided tour, which by day reveals the world of cognac-making and by night will involve some of the more mysterious sides to the history of cognac producing – as well as some tasting. You can also take a cruise along the River Charente on board the Dame Jeanne, with the chance to learn about and, best of all, sample some cognac.

Visit [www.tourism-cognac.com](http://www.tourism-cognac.com), or phone +33(0) 5 45 82 10 71 for more information on these guided tours.

## THE COGNAC ROAD (LES ÉTAPES DU COGNAC)

Visitors to The Charente Valley might want to experience The Cognac Road, which brings together more than 100 people associated in some way with cognac, pineau and other products linked with wine producing. A signposted road runs along the river and a map and brochure describes sightseeing tours, wine-producing estates, individual distillers, museums, restaurants, B+B's and more.

Contact the Maison de Viticulteurs, [www.cognacetapes.com](http://www.cognacetapes.com), or phone +33 (0) 5 45 36 47 35.

## SAINTES – A GALLO-ROMAN ADVENTURE

Saintes is the ancient capital of the Saintogne and combines a rich history with a relaxed rhythm of life. Saintes has many facets – at first sight it has the charming air of the south with its white facades and its quays in the Charente, which are ideal for a casual stroll. A better look reveals elegant townhouses, and a city steeped in art and history.

## for dinner:

### Les Artistes

A not so well-kept secret in Angoulême is Les Artistes – run by infamous owner/chef Jacques Loll who is as well known for his brilliant food as he is for his everchanging temper! A superb modern take on traditional French food.

**Les Artistes Restaurant, 15 Rue Trois Notre Dame, 16000 Angoulême, +33(0)545 381 684**

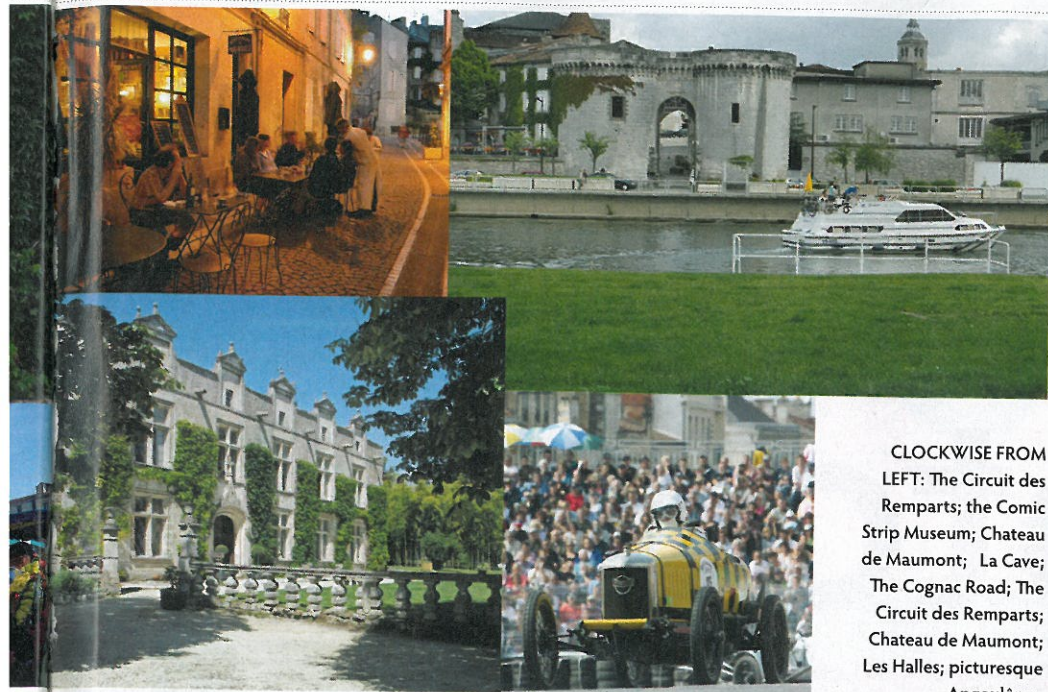
## for lunch:

### Table à Dessin

In close proximity to Angoulême's comic strip museum is Table à Dessin, located on the top floor of the Castro building. This spare dining space has views across the city and serves a great menu of delicious and well-presented salads and sandwiches. It's also affordable. Highly recommended is the Café Gourmand off the desert menu – a sample selection of desserts.

**Find Table a Dessin on 60 Avenue de Cognac, CIBDI, +33(0) 517 173 101.**





CLOCKWISE FROM LEFT: The Circuit des Remparts; the Comic Strip Museum; Chateau de Maumont; La Cave; The Cognac Road; The Circuit des Remparts; Chateau de Maumont; Les Halles; picturesque Angoulême.

## THE CIRCUIT DES REMPARTS

The Circuit des Remparts is an historic motor racing event that reenacts the famous circuit that took place in Angoulême every year from 1939 to 1955 with ever increasing popularity. In 1955 the event faced regulations over its urban race course, which sees cars race around inner-city streets, forcing it to close. However in 1978 a group of car lovers helped The Circuit come to life once again and in 1983 it was reinvented as a race for classic cars.

The circuit runs around the remparts of Angoulême, past the Cathedral, over a distance of 1.279km with two bends, two right angle bends and three hairpin turns. The original track has remained unchanged since 1939, making the experience of the race seem rich in history. Usually around 140 competitors take part in the race over seven categories. The three wheeler grid sees Darmons, Sandfords, Morgans and JMBs take to the track. The Vinatge Grid is made up of Riley, Frazer Nash and MG, while the Bugatti has a grid all of its own. The GT/GTS/GTP grid features famous cars like the Cobra 289 and Porsche 911. There is also the Formula France Grid and the Alpine Berlinetta A110 GR4 Grid made up of 1973 world championship rally drivers.

The Circuit is the world's largest gathering of pre-war Bugatti racing machines, usually around 30 cars of fabulous value, many examples of the legendary T35. Drivers race at full speed around the twisting circuit, complete with hairpin bends and hillclimbs. During the race the city fills with car enthusiasts from around Europe, mostly from the UK, and the surrounding restaurants and bars hum with people. British vintage and classic cars are in abundance, most having been driven to the event. The drivers really get into the spirit, wearing vintage hats, scarves and ear muffs to match their cool cars. The Saturday of the remparts weekend includes a 'touristic' rally (as opposed to a speed event) for classic and sporting cars around the picturesque Cognac growing area. The circuit is re-enacted on the middle Sunday of September every year.

For more information visit [www.circuit-international-des-remparts.com](http://www.circuit-international-des-remparts.com).

## places to stay:

### HOTEL DU PALAIS

Recently renovated and with work still underway, this hotel in the heart of Angoulême is a charming place to stay. Each room has been decorated individually and with great care, so you can choose from a red-walled boudoir or a quaint French country-style room with a bath and balcony. Guests say the hotel has "charm, potential, a soul and atmosphere - a little like at home". The building dates from 1778 and was formerly a convent of the Tiercellettes, or nuns of the 'Third Order of Saint Francis of Assisi', but with Franco-Italian artist Graziella Campanini slowly breathing new life into this beautiful building with a renovation programme, expect great things. To make a booking head to [www.hotel-angoulême.fr](http://www.hotel-angoulême.fr), or phone +33(0) 5 4592 5411.

### CHATEAU DE MAUMONT

Set on truly picturesque grounds, the Chateau de Maumont is a stunning Bed & Breakfast-style getaway just minutes from Angoulême. This Renaissance style estate, nestled in five acres of landscaped grounds, with views over the river Touvre and its swans, is a magical retreat.

Inside you'll find expertly chosen contemporary art and antiques in gorgeous character bedrooms. Three comfortable rooms and two suites are available for an unforgettable stay. Owners Minka and Xavier Alas Luquetas are endlessly accommodating and provide meeting facilities, as well as receptions and cocktail events.

For more information visit [www.chateaudemaumont.fr](http://www.chateaudemaumont.fr), or phone + 33(0) 545 686138.



## getting there:

### by air

Fly from London Stansted to Poitiers with Ryanair and then either take the train or drive to Angoulême (it's a 1.5 hour drive) Alternative options would be to fly to Bordeaux or Limoges (Ryanair and Flybe both fly to Limoges) and then drive.

### by train

Fares from London to Angoulême start at £111 standard class return per person. Journey times start at 5 hours 49 minutes. To book or for more information, call Rail Europe on 0844 848 4070, visit [www.raileurope.co.uk](http://www.raileurope.co.uk) or call into the Rail Europe Travel Centre at 1 Regent Street, London SW1.

## tourist board

For more information visit [www.poitou-charentes.com](http://www.poitou-charentes.com)